



# Massage State Regulation Guide

Use this handy card to check out each state's regulatory requirements for massage therapy. To get the most up-to-date information, check out "Careers in Massage" at [www.abmp.com](http://www.abmp.com), or call 800-458-2267. Last update April 2008.

State	Designation	Educational hours	Exam(s) Required	Additional Requirements	Telephone	Website
Alabama	License	650 (CEU - 16/2yr)	NCBTMB exam	liability insurance, accredited school only, state exam	334-269-9990	<a href="http://www.almtbd.state.al.us/Default.htm">www.almtbd.state.al.us/Default.htm</a>
Alaska	no state regulation					
Arizona	License	700 (CEU - 25/2yr)	NCBTMB exam	background check, AZ USDE accredited school grads exempt from exam	602-542-8604	<a href="http://massagetherapy.az.gov/">http://massagetherapy.az.gov/</a>
Arkansas	License	500 (CEU - 6/1 yr)	MBLEx	TB test	501-520-0555	<a href="http://www.arkansasmassagetherapy.com/index.htm">www.arkansasmassagetherapy.com/index.htm</a>
California	no state regulation					
Colorado	no state regulation					
Connecticut	License	500 (CEU - 24/4 yr)	NCBTMB exam	accredited school only	860-509-7603	<a href="http://www.ct-clc.com/trantype.asp?code=808">www.ct-clc.com/trantype.asp?code=808</a>
Delaware	A. License (Therapist) or B. Certification (Tech)	A. 500 (CEU - 24/2yr) or B. 300 (CEU - 12/2yr)	A. NCBTMB exam B. not required	CPR	302-744-4537	<a href="http://www.dpr.delaware.gov/boards/massagebodyworks/index.shtml">www.dpr.delaware.gov/boards/massagebodyworks/index.shtml</a>
District of Columbia	License	500 (CEU - 12/2yr)	NCBTMB exam	accredited school only, CPR	202-724-4900 or 877-374-1157	<a href="http://hpla.doh.dc.gov/hpla/cwp/view,A,1195,Q,488659,hplaNav,30661,_.asp">http://hpla.doh.dc.gov/hpla/cwp/view,A,1195,Q,488659,hplaNav,30661,_.asp</a>
Florida	License	500 (CEU - 25/2yr)	NCBTMB exam	medical error prevention course	850-245-4161	<a href="http://www.doh.state.fl.us/mqa/massage/ma_lic_req.html">http://www.doh.state.fl.us/mqa/massage/ma_lic_req.html</a>
Georgia	License	500 (CEU - 24/2yr)	MBLEx, NCBTMB exam		478-207-2440	<a href="http://sos.georgia.gov/plb/massage/">http://sos.georgia.gov/plb/massage/</a>
Hawaii	License	570 (no CEU req.)	HI state exam	CPR	808-587-3222	<a href="http://www.hawaii.gov/dcca/areas/pw/boards/massage/">www.hawaii.gov/dcca/areas/pw/boards/massage/</a>
Idaho	no state regulation					
Illinois	License	500 (CEU - 24/2yr)	NCBTMB exam	background check	217-785-0800	<a href="http://www.idfpr.com/dpr/who/masst.asp">www.idfpr.com/dpr/who/masst.asp</a>
Indiana	Certification	500 (CEU - TBD)	TBD	TBD		<a href="http://www.in.gov/pla/bandc/massage/index.html">www.in.gov/pla/bandc/massage/index.html</a>
Iowa	License	500 (CEU - 24/2yr)	MBLEx, NCBTMB exam	CPR	515-281-6959	<a href="http://www.idph.state.ia.us/licensure/board_home.asp?board=mt">www.idph.state.ia.us/licensure/board_home.asp?board=mt</a>
Kansas	no state regulation					
Kentucky	License	600 (CEU - 24/2yr)	NCBTMB exam		502-564-3296	<a href="http://finance.ky.gov/ourcabinet/caboff/OAS/op/masst/">http://finance.ky.gov/ourcabinet/caboff/OAS/op/masst/</a>
Louisiana	License	500 (CEU - 12/1yr)	MBLEx, NCBTMB exam	verbal exam	225-771-4090	<a href="http://www.lsbmt.org/">www.lsbmt.org/</a>
Maine	License	500 (no CEU req.)	MBLEx, NCBTMB alternative to education	CPR	207-624-8603	<a href="http://www.maine.gov/pfr/professionallicensing/professions/massage/index.htm">www.maine.gov/pfr/professionallicensing/professions/massage/index.htm</a>
Maryland	A. Certification or B. Registration	A. 500 and 60 college credit hrs or B. 500 (CEU - 24/2yr)	NCBTMB exam, NCCAOM	accredited school only, CPR, jurisprudence exam	410-764-4665	<a href="http://www.mdmassage.org/">www.mdmassage.org/</a>
Massachusetts	License	500 (CEU - TBD)	Not required	liability insurance	617-727-1747	<a href="http://www.mass.gov">www.mass.gov</a>
Michigan	no state regulation					
Minnesota	no state regulation					

NCBTMB offers 2 exams - NCETMB and NCETM. check your state to determine which it accepts. • MBLEx licensing exam offered by the Federation of State Massage Therapy Boards. • CEU - Continuing education hours required for renewal of license.

State	Designation	Educational hours	Exam(s) Required	Additional Requirements	Telephone	Website
Mississippi	License	700 (CEU - 12/1yr)	MBLEx, NCBTMB exam	CPR	601-919-1517	<a href="http://www.msmbmt.state.ms.us/msbmt/msbmt.nsf">www.msmbmt.state.ms.us/msbmt/msbmt.nsf</a>
Missouri	License	500 (CEU - 12/2yr)	NCBTMB exam, NCCAOM	background check, liability insurance	573-522-6277	<a href="http://pr.mo.gov/massage.asp">http://pr.mo.gov/massage.asp</a>
Montana	no state regulation					
Nebraska	License	1000 (CEU - 24/2yr)	NCBTMB exam		402-471-2117	<a href="http://www.hhs.state.ne.us/cl/mhcs/mass/massestab.htm">www.hhs.state.ne.us/cl/mhcs/mass/massestab.htm</a>
Nevada	License	500 (CEU - 12/1yr)	NCBTMB exam	background check	775-688-1888	<a href="http://www.massotherapy.nv.gov/">www.massotherapy.nv.gov/</a>
New Hampshire	License	750 (CEU - 12/2yr)	NCBTMB exam	CPR, first aid, practical exam	603-271-5127	<a href="http://www.dhhs.state.nh.us/DHHS/LRS/ELIGIBILITY/massage-license.htm">www.dhhs.state.nh.us/DHHS/LRS/ELIGIBILITY/massage-license.htm</a>
New Jersey	Certification	500 (CEU - 20/2yr)	NCETMB alternative to education	background check, CPR	973-504-6430	<a href="http://www.state.nj.us/lps/ca/medical/nursing.htm#massage">www.state.nj.us/lps/ca/medical/nursing.htm#massage</a>
New Mexico	License	650 (CEU - 16/2 yr)	MBLEx, NCBTMB exam	jurisprudence exam, first aid, CPR	505-476-4870	<a href="http://www.rfd.state.nm.us/Massage/index.html">www.rfd.state.nm.us/Massage/index.html</a>
New York	License	1000 (no CEU req.)	NY state exam	CPR	518-474-3817 x270	<a href="http://www.op.nysed.gov/mtlic.htm">www.op.nysed.gov/mtlic.htm</a>
North Carolina	License	500 (CEU - 25/2yr)	NCBTMB exam, OBTE, NCCAOM		919-546-0050	<a href="http://www.bmbt.org/">www.bmbt.org/</a>
North Dakota	License	750 (CEU - 18/1yr)	NCBTMB exam	physical exam-no contagious disease, CPR	701-872-4895	<a href="http://www.ndboardofmassage.com/">www.ndboardofmassage.com/</a>
Ohio	License	750 (no CEU req.)	OH state exam	Relaxation massage is allowed with 100 ed hours	614-466-3934	<a href="http://www.med.ohio.gov/MTsubwebindex.htm">www.med.ohio.gov/MTsubwebindex.htm</a>
Oklahoma	no state regulation					
Oregon	License	500 (CEU - 25/2yr)	MBLEx, NCBTMB exam	practical exam, jurisprudence exam, CPR	503-365-8657	<a href="http://www.oregonmassage.org/index.php">www.oregonmassage.org/index.php</a>
Pennsylvania	no state regulation					
Puerto Rico	License	1000 (CEU - TBD)	TBD	CPR, health cert, background check	787-725-8538	
Rhode Island	License	500 (no CEU req.)	NCBTMB exam	"health certificate", background check	401-222-2827	<a href="http://www.health.ri.gov/hstr/professions/massage.php#Requirements">www.health.ri.gov/hstr/professions/massage.php#Requirements</a>
South Carolina	License	500 (CEU - 12/2yr)	MBLEx, NCBTMB exam		803-896-4490	<a href="http://www.lrl.state.sc.us/POL/MassageTherapy/index.asp?file=">www.lrl.state.sc.us/POL/MassageTherapy/index.asp?file=</a>
South Dakota	License	500 (CEU - 8/2yr)	MBLEx, NCBTMB exam	liability insurance, license renewal 1yr	605-271-7103	<a href="http://doh.sd.gov/boards/Massage/">http://doh.sd.gov/boards/Massage/</a>
Tennessee	License	500 (CEU - 25/2yr)	MBLEx, NCBTMB exam	background check	615-532-3202 or 800-778-4123	<a href="http://health.state.tn.us/Boards/Massage/index.htm">http://health.state.tn.us/Boards/Massage/index.htm</a>
Texas	License	500 (CEU - 12/2yr)	MBLEx, NCBTMB exam		512-834-6616	<a href="http://www.dshs.state.tx.us/massage/default.shtm">www.dshs.state.tx.us/massage/default.shtm</a>
Utah	License	600 (no CEU req.)	MBLEx, NCBTMB exam	background check, jurisprudence exam, temporary license available.	801-530-6628	<a href="http://www.dopl.utah.gov/licensing/massage_therapy.html">www.dopl.utah.gov/licensing/massage_therapy.html</a>
Vermont	no state regulation					
Virginia	Certification	500 (CEU - 25/2yr)	NCBTMB exam	provisional certification available	804-662-9909	<a href="http://www.dhp.virginia.gov/Nursing/nursing_forms.htm">www.dhp.virginia.gov/Nursing/nursing_forms.htm</a>
Washington	License	500 (CEU - 16/2yr)	MBLEx, NCBTMB exam	HIV - AIDS training, jurisprudence exam, CPR/first aid	360-236 - 4700	<a href="https://fortress.wa.gov/doh/hpqa1/hps3/Massage_Therapy/default.htm">https://fortress.wa.gov/doh/hpqa1/hps3/Massage_Therapy/default.htm</a>
West Virginia	License	500 (CEU - 24/2yr)	MBLEx, NCBTMB exam		304-558-1060	<a href="http://www.wvmassage.org/">www.wvmassage.org/</a>
Wisconsin	Certification	600 (no CEU req.)	NCBTMB exam, NCCOAM	liability insurance, CPR/first aid, jurisprudence exam	608-266-2112	<a href="http://drl.wi.gov/prof/mass/def.htm">http://drl.wi.gov/prof/mass/def.htm</a>
Wyoming	no state regulation					